

Program for Arctic Circle Race 2006

Tuesday 28th March

9.25am, 11.40am & 1.35pm: Arrival at Sisimiut Airport.
Registration of race competitors at Sisimiut Airport and issue of luggage labels. All luggage must be clearly labeled.
Transfer from airport to accommodation.
8.00pm – 9.30pm: Informal welcome and a presentation of Sisimiut and the Arctic Circle Race at Restaurant Nasaasaaq at Hotel Sisimiut.
Ski run: Practice ski run will be open.
Race Office: Open from 1.00pm – 8.00pm

Wednesday 29th March

5.00pm – 6.00 pm Lecture on preventative measures and treatment for strain injuries for competitors by chief physician Per Hölmich and physiotherapist Peter Rheinlander at the Building and Construction School.
7.00pm – 9.00pm: Equipment check at the Race Office.
Mandatory check/collection of sleeping bags and groundsheets.
Ski runs: The practice ski runs prepared for the Arctic Circle Race routes of 5, 10 and 15 km, will all be open.
Equipment: There will be time and possibilities to upgrade equipment, test the condition of skis and wax skis.
Waxing skis: As there is limited space for waxing skis, this should be completed as early as possible.
Excursions: For information about dog sledge rides, guided tours, etc. please contact the Race Office.
Race Office: Open from 08.00am – 8.00pm

Thursday 30th March

3.30pm: Procession from the Race Office to the church. Race competitors and officials will walk in a procession to the pretty wooden church in Sisimiut.
4.00pm: Church service
In Greenland, it is traditional to start major events with a public church service. The service will be read in Greenlandic and traditional Greenlandic salms will be sung.

After the service: All proceed from the church to the Building and Construction School.
5.00pm – 6.00pm: Obligatory Information meeting
The information meeting will include details of the routes and safety instructions. Attendance of **this meeting is mandatory**. After the meeting Saftykits are distributed
Equipment check at the Race Office
Mandatory check/collection of sleeping bags and groundsheets.
Ski runs: The practice ski runs prepared for the Arctic Circle Race routes of 5,10 and 15 km, will all be open.
Excursion: For information about dog sledge rides, guided tours, etc. please contact the Race Office.
Ski runs: The practice ski runs prepared for the Arctic Circle Race routes of 5,10 and 15 km, will all be open.
Race Office: Open from 08.00 am – 8.00 pm.

Friday 31st March

07.00am – 08.00am: Delivery of luggage to the Race Office for transfer to the camp.
Max luggage weight is 15 kg/per item. **Please remember luggage labels!**
09.00am – 09.45am: Registration and weighting of race rucksacks at Arena on Spejdersøen.
09.45am – 10.00am: Opening ceremony:
- Opening speech by Hermann Berthelsen
- Countdown to start by Starting Umpire
10.00am: Start of Arctic Circle Race 2006
Luggage: Luggage may be collected from the Info tent on arrival at ACR Camp.
Race Office: Open from 07.00am – 10.00am & 3.00pm – 5.00pm.

Saturday 1st April

10.00pm – 13.00pm: The Greenlandic dog sledding championship passes the ACR camp.
12.00pm – 12.45pm: Registration and weighing of race rucksacks at the starting line.
13.00pm: The second stage of the race will begin from Arena at ACR Camp.
Race Office: Open from 08.00am – 10.00am & 3.00pm – 5.00pm

Program for Arctic Circle Race 2006

Sunday 2nd April

- 07.00am – 07.45am Return of luggage, sleeping bags and groundsheets to the Info tent for sending back to Sisimiut.
- 08.00am – 08.45am: Registration and weighing of race rucksacks at the starting line.
- 09.00am: The third stage of the race will begin from Arena at ACR Camp.
- ? am/pm Winner ceremony after 1., 2. And 3. Man by the Arctic Circle Race Board members.
Winner ceremony after 1., 2. And 3. Woman by the Arctic Circle Race Board members.
- Luggage: Luggage may be collected from the Race Office.
Race Office: Open from 10.00am – 8.00pm

Monday 3rd April

- 10.00am – 11.00 Registration for pre-examination of actual injuries at Hotel Sisimiut in connection with the workshop at 2.00pm – 5.00 pm.
- 2.00pm – 5.00 pm Workshop on actual injuries for participants from the Arctic Circle Race.
- 6.00pm – Midnight: Galla Party
Arctic Circle Race invites all officials, race competitors and sponsors to join in the celebrations at a gala party, at which local artistes will add a cultural dimension to the event.
- Ski runs: If you haven't had enough yet, the practice ski runs will still be open.
- Excursions: For information about dog sledge rides, guided tours, etc. please contact the Race Office
- Race Office: Open from 08.00am – 5.00pm
- .

Tuesday 4th April

- 09.20am & 9.50am Departure from Sisimiut.
Transfer from accommodation to Sisimiut Airport.
Please check the departure points notice at the Race Office.
- Race Office: Open from 06.30am – Noon

Arctic Circle Race 2006



Program

FROM THE 28TH APRIL
TO THE 4TH APRIL 2006

THANK YOU FOR THIS YEAR - SEE YOU IN 2007!